United States Age Pyramids 2000 and 2030

USA

Ohio
<table>
<thead>
<tr>
<th>Age Groups</th>
<th>OH(M)</th>
<th>USA(M)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2000</td>
<td>2030</td>
</tr>
<tr>
<td>Under 18</td>
<td>2.9</td>
<td>2.6</td>
</tr>
<tr>
<td>65+</td>
<td>1.5</td>
<td>2.4</td>
</tr>
</tbody>
</table>

**Source:** U.S. Census Bureau, Population Division, Interim State Population Projections, 2005
Indicator 13: Total Expenditures

Percentage distribution of total household annual expenditures, by expenditure category and age group of reference person, 2014

Housing Problems for 39% older Owners/Renters

Dominant problem housing & utilities:  
**Cost >30% household income**

**Physical problems:** Lack complete plumbing or upkeep problems

**Crowding:** more than 1 person per room

Source: Older Americans 2016, American Housing Survey
Percentage of older American households and all other U.S. households that report housing cost burden, selected years 1985-2013

Source: HUD American Housing Survey
Hospital Community Benefit


- Community Development activities can be claimed if document relationship (hospital or enviro. improvements)

Housing Plus Home and Community-based services (HCSB)

FY 2013, Medicaid $440 B and more than 30% on LTC services.

By 2020, fed/state spending on LTC will increase between $132 and $140 B.
Community Benefit & Health Assessment

ACA asks hospitals -- requires
-- target prevention to community health
pop. health needs assessment
-- by expanding community health
--by expanding needs assessment
community health
-- by expanding community health
improvement activities. --partner w/
socioeconomic community orgs
activities.
to address
determinants of hlth
Total Tax Benefits For Tax-Exempt Hospitals, By State, 2011.

Sara Rosenbaum et al. Health Aff 2015;34:1225-1233
Bon Secours Addresses Affordable Housing

West Baltimore

Helped build >800 units of affordable housing & worked with residents to convert more than 640 vacant lots to green spaces.

New Shiloh Village in West Baltimore, funded Enterprise Community Loan Fund
Indoor Air Quality and Health

Time Spent Indoors- Up to 90% -
Very young, elders, persons w/CVD or respiratory diseases spend even more time in doors*

Indoor Environmental Hazards--Wood burning stoves, Wildfires, Carbon Monoxide, Radon, Environmental Tobacco Smoke

Air Pollutants Trigger Asthma Attacks

Health Care Industry & Health Foundations recognize the importance of healthy homes

• Health care professionals
  – identify triggers in your home, develop a plan to reduce exposures to triggers.
Health and Safety Housing Issues

6M Falls/yearly - Persons 65+ hospitals & LTC

20-30% of Asthma cases linked to home environment

Lung Cancer Deaths linked to radon in home

Lead Poisoning – Lead-based paint pre-1978 homes
Federal Interagency Forum on Aging Related Statistics  
http://agingstats.gov/agingstatsdotnet/main_site/default.aspx

Hospital Community Benefit Dollars Can Benefit Community Development  

Housing and Health--How Investing in Housing Can Save on Health Care  
http://media.wix.com/ugd/19cfbe_c61e78957c0b43c0864ff777c6ea3b40.pdf

NCHH-- Hospital Community Benefits: Opportunities for Healthy Homes  
http://www.nchh.org/Portals/0/Contents/HCF_APBHA_techbrief2_community%20benefits_FINAL.pdf

Democracy Collaborative--Building Community Wealth  
http://democracycollaborative.org/greater-university-circle-initiative
AARP Network of Age Friendly Communities

8 Domains of Livability

1. Outdoor Spaces and buildings
2. Transportation
3. Housing
4. Social Participation
5. Respect & Social Inclusion
6. Civic Participation & Employment
7. Communication & Information
8. Community & Health Solutions
Age Friendly Assessments

• First Step
• Random Sample
• Focus Groups
• Outreach Survey
Findings

Aging in Place – Housing – Transportation – Outdoor Spaces and buildings

Aging in Place

Cleveland:
- 80% Important to stay in their homes
- 91% Important to stay in their neighborhood
- 49% Cleveland is a good place to age

Columbus:
- 91% Important to stay in their home
- 86% Important to stay in their neighborhood
- 71% Columbus is a good place to age

Housing

Cleveland:
- 85% Yes, I am able to maintain the Inside of my home
- 84% Yes, I feel safe in my home
- 82% Yes, I am able to afford my current housing
- 80% Yes, I am able to afford my utilities

Columbus:
- 88% Yes, I am able to maintain the Inside of my home
- 84% Yes, I feel safe in my home
- 87% Yes, I am able to afford my current housing
- 88% Yes, I am able to afford my utilities
Findings

Aging in Place – Housing – Transportation – Outdoor Spaces and buildings

Transportation

Cleveland:
- 67.5% Drive Themselves
- 28.1% Rely on Friends and Family
- 14.6% Use RTA (Public Transit)
- 12.4% Walk as Their Primary Transport
- 11.3% Use Senior or Disabled Transport Service

Columbus:
- 82% Drive themselves
- 16% Rely on Friends and Family for Transport
- 7.3% Use COTA Bus
- 1.7% Use COTA Mainstream
- 4.7% Walk as Their Primary Transport

Outdoor Spaces and Buildings

Cleveland:
- 57% Sidewalks are in good condition
- 43% Well maintained/safe parks within walking distance
- 33% Parks have enough benches
- 37% Public buildings/facilities are well maintained and accessible

Columbus:
- 48% Sidewalks are in good condition
- 50% Well maintained/safe parks within walking distance
- 62% Public buildings/facilities are well maintained and accessible
- 51% Crosswalks with pedestrian count down timers that allow enough time to cross
Challenges

Cleveland

- 40% of home owners and 50% of older adult renters live in “unaffordable housing”
- Housing is available but not age friendly
- 6000 Vacant homes promote crime and drive down property costs in neighborhoods
- 1920: The median year for house construction
- 2nd Highest Cause of Death for Older Adults: Falls on the same level of the home
- 40%: uneven, failing, or snow covered sidewalks are an issue
- Parking in the city is a challenge for older drivers – intimidated by parking machines in lots and private garages

Columbus

- 20% of residents with income under $25000 said they could not afford their rent or utilities in 2015
- 25% of older adults reported falling in their home in 2015
- 72% unsure or do not have access to age friendly home modifications
- 30% listed outdoor maintenance and snow removal as a concern
- 52% indicated sidewalks are uneven or unsafe
- 77% of non-drivers experienced transit delays and issues
- 52% indicated sidewalks are uneven or unsafe

City of Cleveland Department of Aging agefriendlycolumbus.org
AARP Livability Index

Great Neighborhoods for All Ages

How **livable** is your **community**?

50 N 3rd Street Columbus, OH 43215

powered by Google

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